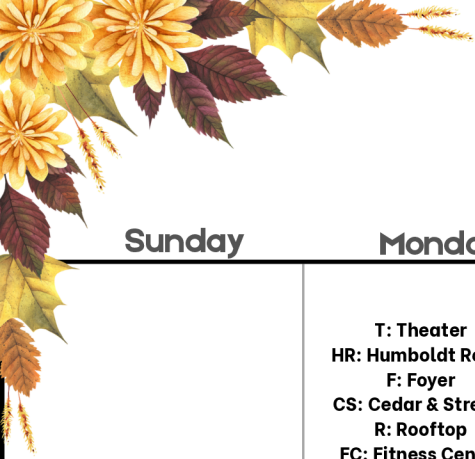




September 2026

**Activities are subject to change. Please see Week at a Glance and Daily Schedules for changes and additional details on events.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	T: Theater HR: Humboldt Room F: Foyer CS: Cedar & Stream R: Rooftop FC: Fitness Center	10:30 am Fitness Class, T 1:00 pm Social Game Afternoon, HR 3:00 pm Guest Speaker Resident John Shoosmith 4:00 pm Short Story, HR 1	7:15 am Birdwatching, Juanita Bay Park 10:00 am Great Courses, T 10:30 am Mahjong, HR 11:00 am Circuit Training, FC 1:10 pm Mariners vs. Red Sox, Theater 7:00 pm Movie Night 2	10:30 am Fitness Class, T 3:00 pm Live Music with Birgit Ages Folk Voice Band, HR 4:00 pm Happy Hour, Bar 6:40 pm Mariners vs. Athletics, T 3	HAPPY BIRTHDAY CAROLE JACKSON! 8:00 am Walking Group, Foyer 10:00 am Great Courses, T 11:00 am Circuit Training, FC 1:00 pm Quiet Game Afternoon, HR 4	5
6	LABOR DAY 7	10:30 am Fitness Class, T 1:00 pm Social Game Afternoon, HR 3:00 pm Guest Speaker David Joyner, HR 4:00 pm Short Story Group, HR 6:40 pm Mariners vs. Rangers 8	10:00 am Great Courses, T 11:00 am Circuit Training, FC 10:30 am Mahjong, HR 1:10 pm Mariners vs. Rangers, T 5:20 pm Seahawks vs. Patriots, T 9	10:30 am Fitness Class, T 1:10 pm Mariners vs. Rangers, T 4:00 pm Luau 10	PATRIOT DAY ROSH HASHANAH BEGINS 8:00 am Walking Group, Foyer 10:00 am Great Courses, T 11:00 am Circuit Training, FC 1:00 pm Quiet Game Afternoon, HR 2:00 pm Guest Speaker Nga Tran, T 3:00 pm Outing: Farmer's Market, Foyer 6:40 pm Mariners vs. Athletics, T 11	12
NATIONAL GRANDPARENTS DAY ROSH HASHANAH ENDS 13	11:00 am Circuit Training, FC 1:00 pm Brain Games, HR 2:00 pm Popcorn Social, HR 3:00 pm Live Music with Jaeden Luke, HR 6:40 pm Mariners vs. Angels, T 14	10:30 am Fitness Class, T 1:00 pm Social Game Afternoon, HR 3:00 pm Guest Speaker Andrew Villeneuve, T 4:00 pm Short Story Group, HR 6:40 pm Mariners vs. Angels, T 15	10:00 am Great Courses, T 10:30 am Mahjong, HR 11:00 am Circuit Training, FC 12:00 pm Excursion: Christopher Marley Exquisite Creatures Exhibit, Foyer 7:00 pm Movie Night, T 16	10:30 am Fitness Class, T 3:00 pm Resident Update Meeting, C&S 4:00 pm Sip & Social, HR 17	8:00 am Walking Group Outing: Watershed Park 10:00 am Great Courses, T 11:00 am Circuit Training, F 1:00 pm Quiet Game Afternoon, HR 5:10 pm Mariners vs. Rockies, Theater 18	19
1:25 pm Seahawks vs. Cardinals, T 20	10:00 am Great Courses, Theater 11:00 am Circuit Training, FC 1:00 pm Brain Games, HR 2:00 pm Bingo, HR 21	FALL EQUINOX 10:30 am Fitness Class, T 11:30 am Pumpkin Spice Pop Up, Humboldt Room 1:00 pm Social Game Afternoon, Humboldt Room 3:00 pm Live Music with Andre Feriante, Humboldt Room 4:00 pm Short Story Group, HR 6:40 pm Mariners vs. Astros, T 22	10:00 am Great Courses, T 10:30 am Mahjong, HR 11:00 am Circuit Training, Fitness Center 1:30 pm Excursion: Mark Ryan Winery Tasting Room, Foyer 23	10:30 am Fitness Class, Theater 1:30 pm Activities Meeting, HR 3:00 Live Music with The Darelle Holden Trio, HR 4:00 pm Transforming Age Foundation Meet & Greet, HR 6:40 pm Mariners vs. Astros, T 24	8:00 am Walking Group, Foyer 10:00 am Great Courses, T 11:00 am Circuit Training, FC 1:00 pm Quiet Game Afternoon, HR 2:00 pm Tea Party, HR 3:00 pm Outing: Farmer's Market, Foyer 25	26
10:00 am Seahawks vs. Commanders, T 27	GOOD NEIGHBOR DAY 10:00 am Great Courses, T 11:00 am Circuit Training, FC 1:00 pm Brain Games, HR 2:00 pm Popcorn Social, Foyer 3:00 pm Book Club, HR 4:00 pm Open House 28	10:30 am Fitness Class, T 1:00 pm Social Game Afternoon, HR 3:00 pm Guest Speaker Lance Rhoades, Theater 4:00 pm Short Story Group, HR 29	10:00 am Great Courses, T 10:30 am Mahjong, HR 11:00 am Circuit Training, FC 2:30 pm Chew the Fat with Chef Mike, C&S 7:00 pm Movie Night, T 30			

